

Grace United Church of Christ

Journey Through

Holy Week



Meditations

Find a time each day of this holy week to read the suggested scripture verse for the day. Add the item to your worship centers as a reminder of the events of this week and how they speak to us today.

PALM SUNDAY, April 2

Item: Palm Cross

Read: Matthew 21:1-11

Meditation: Palm Sunday is remembering the day that Jesus entered Jerusalem on a donkey. Everyone was shouting, "Hosanna! To the son of God! Blessed is the one who comes in the name of the Lord Hosanna in the Highest heaven!" They waved the palm branches and laid their coats on the road for Jesus to ride over! They did not fully realize what was to come yet.

When are we quick to act, not fully understanding the consequences of our actions?



MONDAY, April 3

Item: Light

Read: John 12:20-36

Meditation: After the Triumphal Entry, Jesus told his disciples to put their trust in the light so they may become sons of light. As he spent His last few days with them, He continued to encourage them that they would carry on the light to the world.

Take Action: Turn off the lights and turn on the battery-operated light or candle. Consider how one light can help get rid of the darkness. This is the same way that we can be lights in the darkness of the world. Take some time to talk about ways we can be a light to others.

TUESDAY, April 4

Item: Small Towel

Read: John 13:1-20

Meditation: Back in the Bible days, people's feet would be so dusty from the dirt roads and walking around. It was usually the lowest servant's role to wash peoples' feet when they entered a home. Jesus took on this role and washed His disciples' feet showing them how to serve one another.

Take Action: Consider what it means to serve others.



WEDNESDAY, April 5



Item: Coins

Read: John 13:21-30

Meditation: Judas agrees to betray Jesus for coins. Eventually, Jesus will be arrested and crucified.

Take Action: Take a moment to consider betrayal. When have you betrayed someone you love(d). When have you been betrayed?

THURSDAY, April 6

Item: Bread

Read: John 13:1-17, 31-35

Meditation: This is the Last Supper and it is when Jesus broke bread with his disciples. We now practice this as communion as a way to remember the sacrifice of Jesus for us.

Take Action: Come to our Maundy Thursday service in the sanctuary at 7:00 pm or join the live stream service with Grace Church this evening as we share communion together.



GOOD FRIDAY, April 7

Item: Cross

Read: John 18:1-19:37

Meditation: Consider the meaning of Jesus' death on the cross.

Take Action: Make your own cross by using sticks.

SATURDAY, April 8

Item: Rock

Read: John 19:38-42

Take Action: Look for a rock to place at your worship center. Consider the obstacles, the rocks, that clutter the path of your life.



EASTER SUNDAY, April 9

Item: Flower or something green

Read: John 20:1-8

Meditation: Jesus has risen! The tomb was Empty! Consider where new life is coming into the world, your family, your life.

Take Action: Celebrate that rocks can be rolled away and new life is possible.

HE IS RISEN
alleluia

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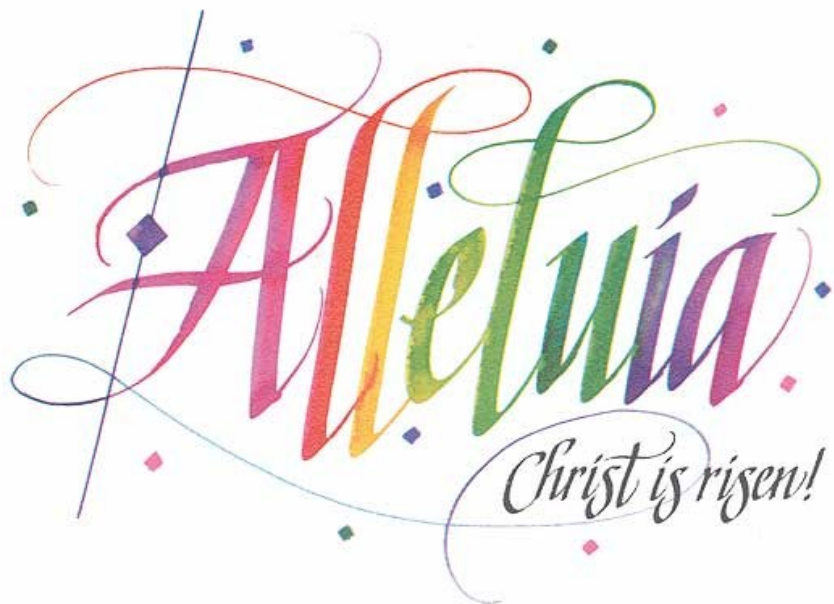


An Open and Affirming Congregation


25 East 2nd Street, Frederick, Maryland, 21701

Interim Pastor: The Rev. Dr. Gerry Hanberry
Clergy in Residence: The Rev. Guy S. Johnson
Director of Music: Nathan Strite
Bell Choir Director: James Taylor
Children & Youth Ministry: Kelly Pineda
Nursery Attendant: Joan Princler
Caretaker: Mat Lutman
Church Admin: Kelly Pineda
Choir Section Leaders: Anna Kovacsics, James Taylor, & Donald Toms

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SUNDAY WORSHIP – 11:00 AM – Virtual and in person

Holy Communion is celebrated on the first Sunday of every month.

**UNITED CHURCH
OF CHRIST**

